

EA
ESSENCE ARTS



ART AS ALCHEMY

tran-scend: to rise above

Art is a transcendent medium, alchemical,
transforming the artist and the audience.

www.essencearts.net



The human potential...to create

We believe that we are all artists. We are born to create. We have something beautiful to offer the world, produced with our hands from our inspiration.

We realize that not everyone has the blessing of an environment that nourishes their creativity. Some individuals are born into circumstances that do not allow them to flourish. They have to transcend their environment. They have to rise above their experiences.

Art is a very powerful therapeutic tool. It is a catalyst of healing. It taps into our subconscious. Art wakes us to the deeper reality. We are able to see through the illusion and glamour.





We approach art as an intuitive, deep process. It is something we all can access. We work to offer methodology and tools that the youth can utilize in the reality of their lives. We cannot alleviate pain and we will not be able to remove future obstacles. We can offer an approach to life from a deep knowledge; we are LOVED. We are united in that energy.

“To create one’s own world takes courage. Whether you succeed or not is irrelevant, there is no such thing. Making your unknown known is the important thing.”

—GEORGIA OKEEFE, ARTIST





Active imagination

Art is expansive. Art allows us to enter a space that we typically cannot access. There is no right or wrong. There is no judgment. In art you are able to let go - to be.

We explore art as an expression of human creativity and imagination: painting, drawing, felting, mosaic, music, literature and dance.

The great artists were radicals. They defied cultural standards. They lived with a brutal passion, defying definition. They were real.

“The purpose of art is washing away the dust of life off our souls.”

—PABLO PICASSO

Art is more than physical. Art examines the unseen forces. In studying art we predictably study science. Whether it is Goethe and Newton, Leonardo da Vinci, Rudolf Steiner or Carl Jung, artists and scientists seek to explore what lies beneath the surface.

“All religions, arts and sciences are branches of the same tree. All these aspirations are directed toward ennobling man's life, lifting it from the sphere of mere physical existence and leading the individual towards freedom.”

—ALBERT EINSTEIN, SCIENTIST



“The aim of art is to represent not the outward appearance of things, but their inward significance.”

—ARISTOTLE



Art inspires authenticity

Great artists offer alternative perspectives. Their art is designed to provoke and inspire us. They were visionaries that could see beyond their time. They were not afraid to be different.

We study great artists and artistic movements. Whether it is the archetypes of the Symbolists or the expressionism of the Blue Riders, it is a profound methodology. It is offered as a diverse and powerful curriculum.

“I am the hero of my life. I can rewrite the story.”
—SOPHIE, STUDENT





TRANSCEND: to rise above

“Art enables us to find ourselves and lose ourselves at the same time.”

—THOMAS MERTON

We believe that art is a transcendent medium, for the artist and the audience. The art and artist enter a dynamic that is personal, transformative. We employ art as a therapeutic medium.

Essence Arts is offering art to youth in the educational system and programs that serve marginal populations. Artists have had to rise above their experiences to create. We study famous artist, their technique, culture, life circumstances and inspiration.

“Creativity is the most important human resource of all. Without creativity, there would be no progress, and we would be forever repeating the same patterns.”

— EDWARD DE BONO

We pledge to donate 20% of our profit to our art program, TRANSCEND. Our team is passionate about the power of art. We design our curriculum and facilitate instruction.

Intention can interrupt cycles of behavior. We are altering the paradigm. We FEEL first, THINK second and ultimately ACT. Our actions align with our intention. We are living consciously, in the moment, transcendent.





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